

JSRFJ 15 Mile 2020

Dist	Prev	Type	Note	Next
0.0	0.0	📍	Start of route	0.4
0.4	0.4	←	L on to Ocean Avenue	0.6
1.0	0.6	←	L onto 7th Ave	0.2
1.2	0.2	→	R onto Kingsley St	0.1
1.3	0.1	→	R onto Deal Lake Dr/Lake Dr	0.1
1.4	0.1	↑	Continue onto Lake Dr/Ocean Ave	0.2
1.6	0.2	→	R to stay on Ocean Ave	3.7
5.3	3.7	→	R to stay on Ocean Ave	0.1
5.4	0.1	<i>i</i>	Go through wooden barrier and onto Ocean Avenue bike path	1.1

5.4 miles. +69/-68 feet

Dist	Prev	Type	Note	Next
10.4	1.2	←	L to stay on Edgemont Ave	3.9
14.3	3.9	↑	Continue onto Deal Lake Dr.	0.1
14.4	0.1	←	L onto Kingsley St	0.2
14.5	0.2	←	L onto 7th Ave	0.1
14.6	0.1	→	Slight R onto Ocean Ave	0.6
15.2	0.6	←	R onto Asbury Ave.	0.4
15.5	0.4	📍	End of route	0.0

6.4 miles. +62/-68 feet

Dist	Prev	Type	Note	Next
6.5	1.1	→	R to stay on Ocean Ave	0.2
6.7	0.2	↑	At the traffic circle, take the 1st exit to stay on the bike path. Do not ride on boardwalk.	0.6
7.3	0.6	←	L onto Seaview Ave.	0.1
7.4	0.1	→	R onto Ocean Ave	0.2
7.7	0.2	↪	Rest Stop. Jill has snacks.	0.2
7.9	0.2	←	L onto Seaview Ave	0.1
8.0	0.1	→	R onto Ocean Ave N	0.8
8.8	0.8	→	R onto Ocean Ave. Go through wooden barrier.	0.3
9.2	0.3	←	L to stay on Ocean Ave	1.2

3.8 miles. +22/-22 feet