

Morning Prayer

Friday, October 15



Opening Sentence

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. *John 4:23*

Confession

Let us confess our sins against God and our neighbor.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. *Amen.*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

Versicle and Response

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

The Earth is the Lord's for he made it:

Come let us adore him.

Jubilate

Be joyful in the Lord, all you lands;

serve the Lord with gladness

and come before his presence with a song.

Know this: the Lord himself is God;

he himself has made us, and we are his;

we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;

go into his courts with praise;

give thanks to him and call upon his Name.

For the Lord is good;
his mercy is everlasting;
and his faithfulness endures from age to age.

Antiphon

The Earth is the Lord's for he made it:
Come let us adore him.

Psalm 16 *Conserva me, Domine*

¹ Protect me, O God, for I take refuge in you; *
I have said to the Lord, "You are my Lord,
my good above all other."
² All my delight is upon the godly that are in the land, *
upon those who are noble among the people.
³ But those who run after other gods *
shall have their troubles multiplied.
⁴ Their libations of blood I will not offer, *
nor take the names of their gods upon my lips.
⁵ O Lord, you are my portion and my cup; *
it is you who uphold my lot.
⁶ My boundaries enclose a pleasant land; *
indeed, I have a goodly heritage.
⁷ I will bless the Lord who gives me counsel; *
my heart teaches me, night after night.
⁸ I have set the Lord always before me; *
because he is at my right hand I shall not fall.
⁹ My heart, therefore, is glad, and my spirit rejoices; *
my body also shall rest in hope.
¹⁰ For you will not abandon me to the grave, *
nor let your holy one see the Pit.
¹¹ You will show me the path of life; *
in your presence there is fullness of joy,
and in your right hand are pleasures forevermore.

Psalm 17 *Exaudi, Domine*

¹ Hear my plea of innocence, O Lord;
give heed to my cry; *
listen to my prayer, which does not come from lying lips.
² Let my vindication come forth from your presence; *
let your eyes be fixed on justice.
³ Weigh my heart, summon me by night, *
melt me down; you will find no impurity in me.
⁴ I give no offense with my mouth as others do; *
I have heeded the words of your lips.
⁵ My footsteps hold fast to the ways of your law; *
in your paths my feet shall not stumble.
⁶ I call upon you, O God, for you will answer me; *
incline your ear to me and hear my words.
⁷ Show me your marvelous loving-kindness, *
O Savior of those who take refuge at your right hand

from those who rise up against them.
8 Keep me as the apple of your eye; *
hide me under the shadow of your wings,
9 From the wicked who assault me, *
from my deadly enemies who surround me.
10 They have closed their heart to pity, *
and their mouth speaks proud things.
11 They press me hard,
now they surround me, *
watching how they may cast me to the ground,
12 Like a lion, greedy for its prey, *
and like a young lion lurking in secret places.
13 Arise, O Lord; confront them and bring them down; *
deliver me from the wicked by your sword.
14 Deliver me, O Lord, by your hand *
from those whose portion in life is this world;
15 Whose bellies you fill with your treasure, *
who are well supplied with children
and leave their wealth to their little ones.
16 But at my vindication I shall see your face; *
when I awake, I shall be satisfied, beholding
your likeness.

Gloria Patri

Glory be to the Father, and to the Son,
and to the Holy Ghost:
as it was in the beginning, is now,
and ever shall be.
World without end. Amen. *Amen.*

The Old Testament Lesson

Jeremiah 38:14-28

¹⁴King Zedekiah sent for the prophet Jeremiah and received him at the third entrance of the temple of the Lord. The king said to Jeremiah, "I have something to ask you; do not hide anything from me." ¹⁵Jeremiah said to Zedekiah, "If I tell you, you will put me to death, will you not? And if I give you advice, you will not listen to me." ¹⁶So King Zedekiah swore an oath in secret to Jeremiah, "As the Lord lives, who gave us our lives, I will not put you to death or hand you over to these men who seek your life." ¹⁷Then Jeremiah said to Zedekiah, "Thus says the Lord, the God of hosts, the God of Israel, If you will only surrender to the officials of the king of Babylon, then your life shall be spared, and this city shall not be burned with fire, and you and your house shall live. ¹⁸But if you do not surrender to the officials of the king of Babylon, then this city shall be handed over to the Chaldeans, and they shall burn it with fire, and you yourself shall not escape from their hand." ¹⁹King Zedekiah said to Jeremiah, "I am afraid of the Judeans who have deserted to the Chaldeans, for I might be handed over to them and they would abuse me." ²⁰Jeremiah said, "That will not happen. Just obey the voice of the Lord in what I say to you, and it shall go well with you, and your life shall be spared. ²¹But if you are determined not to surrender, this is what the Lord has shown me— ²²a vision of all the women remaining in the house of the king of Judah being led out to the officials of the king of Babylon and saying, 'Your trusted friends have seduced you and have overcome you; Now that your feet are stuck in the mud, they desert you.' ²³All your wives and your children

shall be led out to the Chaldeans, and you yourself shall not escape from their hand, but shall be seized by the king of Babylon; and this city shall be burned with fire.”²⁴ Then Zedekiah said to Jeremiah, “Do not let anyone else know of this conversation, or you will die.²⁵ If the officials should hear that I have spoken with you, and they should come and say to you, ‘Just tell us what you said to the king; do not conceal it from us, or we will put you to death. What did the king say to you?’²⁶ then you shall say to them, ‘I was presenting my plea to the king not to send me back to the house of Jonathan to die there.’”²⁷ All the officials did come to Jeremiah and questioned him; and he answered them in the very words the king had commanded. So, they stopped questioning him, for the conversation had not been overheard.²⁸ And Jeremiah remained in the court of the guard until the day that Jerusalem was taken.

The Word of the Lord.

Thanks be to God.

Canticle 10 The Second Song of Isaiah

Isaiah 55:6-11

Quaerite Dominum

Seek the Lord while he wills to be found; *
call upon him when he draws near.
Let the wicked forsake their ways *
and the evil ones their thoughts;
And let them turn to the Lord,
and he will have compassion, *
and to our God, for he will richly pardon.
For my thoughts are not your thoughts, *
nor your ways my ways, says the Lord.
For as the heavens are higher than the earth, *
so are my ways higher than your ways,
and my thoughts than your thoughts.
For as rain and snow fall from the heavens *
and return not again, but water the earth,
Bringing forth life and giving growth, *
seed for sowing and bread for eating,
So is my word that goes forth from my mouth; *
it will not return to me empty;
But it will accomplish that which I have purposed, *
and prosper in that for which I sent it.
Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be forever. *Amen.*

The New Testament Lesson

1 Corinthians 15:1-11

¹Now I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, ²through which also you are being saved, if you hold firmly to the message that I proclaimed to you—unless you have come to believe in vain. ³For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, ⁴and that he was buried, and that he was raised on the third day in accordance with the scriptures, ⁵and that he appeared to Cephas, then to the twelve. ⁶Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. ⁷Then he appeared to James, then

to all the apostles. ⁸Last of all, as to one untimely born, he appeared also to me. ⁹For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. ¹⁰But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them—though it was not I, but the grace of God that is with me. ¹¹Whether then it was I or they, so we proclaim and so you have come to believe.

The Word of the Lord.

Thanks be to God.

Canticle 18

A Song to the Lamb

Dignus es

Revelation 4:11; 5:9-10, 13

Splendor and honor and kingly power *
are yours by right, O Lord our God,
For you created everything that is, *
and by your will they were created and have their being;
And yours by right, O Lamb that was slain, *
for with your blood you have redeemed for God,
From every family, language, people, and nation, *
a kingdom of priests to serve our God.
And so, to him who sits upon the throne, *
and to Christ the Lamb,
Be worship and praise, dominion and splendor, *
forever and forevermore.

The Gospel

Matthew 11:1-6

¹Now when Jesus had finished instructing his twelve disciples, he went on from there to teach and proclaim his message in their cities. ²When John heard in prison what the Messiah was doing, he sent word by his disciples ³and said to him, “Are you the one who is to come, or are we to wait for another?” ⁴Jesus answered them, “Go and tell John what you hear and see: ⁵the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them. ⁶And blessed is anyone who takes no offense at me.”

The Word of the Lord.

Thanks be to God.

The Commemoration

Teresa de Cepeda y Ahumada (later known as Teresa de Jesus) was born in Avila, Spain, 28 March 1515, one of ten children whose mother died when she was fifteen. Her family was of partly Jewish ancestry. Teresa, having read the letters of Jerome, decided to become a nun, and when she was 20, she entered the Carmelite convent in Avila. There she fell seriously ill, was in a coma for a while, and partially paralyzed for three years. In her early years as a nun, she was, by her account, assiduous in prayer while sick but lax and lukewarm in her prayers and devotions when the sickness had passed. However, her prayer life eventually deepened, she began to have visions and a vivid sense of the presence of God and was converted to a life of extreme devotion.

In 1560 she resolved to reform the monastery that had, she thought, departed from the order's original intention and become insufficiently austere. Her proposed reforms included

strict enclosure (the nuns were not to go to parties and social gatherings in town, or to have social visitors at the convent, but to stay in the convent and pray and study most of their waking hours) and descaling (literally, taking off one's shoes, a symbol of poverty, humility, and the simple life, uncluttered by luxuries and other distractions). In 1562 she opened a new monastery in Avila, over much opposition in the town and from the older monastery. At length Teresa was given permission to proceed with her reforms, and she travelled throughout Spain establishing seventeen houses of Carmelites of the Strict (or Reformed) Observance (the others are called Carmelites of the Ancient Observance). The reformed houses were small, poor, disciplined, and strictly enclosed. Teresa died 4 October 1582. (She is commemorated on the 15th--why not the 14th, I wonder--because the Pope changed the calendar from the Julian to the Gregorian system, a difference of 10 days, on the day after her death.)

Teresa is reported to have been very attractive in person, witty, candid, and affectionate. She is remembered both for her practical achievements and organizing skill and for her life of contemplative prayer. Her books are read as aids to the spiritual life by many Christians of all denominations. Her *Life* is her autobiography to 1562; [*The Way of Perfection*](#) is a treatise on the Christian walk, written primarily for her sisters but of help to others as well; The [*Book of Foundations*](#) deals with establishing, organizing and overseeing the daily functioning of religious communities; [*The Interior Castle*](#) (or *The Castle of the Soul*) deals with the life of Christ in the heart of the believer. Most of these are available in paperback. 31 of her poems and 458 of her letters survive. Her feast day in the Roman Catholic Church is 15 October. The Lutheran Church (ELCA) commemorates her on December 14 together with St. John of the Cross.

Christ has no body now but yours
No hands, no feet on earth but yours
Yours are the eyes through which He looks
compassion on this world
Christ has no body now on earth but yours.

Collect of Commemoration

O God, by your Holy Spirit you moved Teresa of Avila to manifest to your Church the way of perfection: Grant us, we pray, to be nourished by her teaching, and enkindle within us a keen and unquenchable longing for true holiness; through Jesus Christ, the joy of loving hearts, who with you and the Holy Spirit lives and reigns, one God, forever and ever. *Amen.*

The Apostle's Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,

the forgiveness of sins,
the resurrection of the body,
and the life everlasting. *Amen.*

The Lord's Prayer

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. *Amen.*

Suffrages

Save your people, Lord, and bless your inheritance;
Govern and uphold them, now and always.
Day by day we bless you;
We praise your Name forever.
Lord, keep us from all sin today;
Have mercy on us, Lord, have mercy.
Lord, show us your love and mercy;
For we put our trust in you.
In you, Lord, is our hope;
And we shall never hope in vain.

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

For Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So, clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

Trinity Cycle of Prayer

Helen Ford

Let us pray now for our own needs and those of others.

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

Benediction

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus forever and ever. *Amen. Ephesians 3:20, 21*