

## Morning Prayer

Tuesday, March 21



### Opening Sentence

I was glad when they said to me, "Let us go to the house of the Lord." *Psalm 122:1*

### Confession

Let us confess our sins against God and our neighbor.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. *Amen.*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

### The Invitatory and Psalter

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. *Amen.*

### Antiphon

The Earth is the Lord's for he made it:

Come let us adore him.

### Jubilate

Be joyful in the Lord, all you lands;

serve the Lord with gladness

and come before his presence with a song.

Know this: the Lord himself is God;

he himself has made us, and we are his;

we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;

go into his courts with praise;

give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting;  
and his faithfulness endures from age to age.  
The Earth is the Lord's for he made it:  
Come let us adore him.

**Psalm 97** *Dominus regnavit*

<sup>1</sup>The Lord is King;  
let the earth rejoice; \*  
let the multitude of the isles be glad.  
<sup>2</sup>Clouds and darkness are round about him, \*  
righteousness and justice are the foundations of his throne.  
<sup>3</sup>A fire goes before him \*  
and burns up his enemies on every side.  
<sup>4</sup>His lightnings light up the world; \*  
the earth sees it and is afraid.  
<sup>5</sup>The mountains melt like wax at the presence of the Lord, \*  
at the presence of the Lord of the whole earth.  
<sup>6</sup>The heavens declare his righteousness, \*  
and all the peoples see his glory.  
<sup>7</sup>Confounded be all who worship carved images  
and delight in false gods! \*  
Bow down before him, all you gods.  
<sup>8</sup>Zion hears and is glad, and the cities of Judah rejoice, \*  
because of your judgments, O Lord.  
<sup>9</sup>For you are the Lord,  
most high over all the earth; \*  
you are exalted far above all gods.  
<sup>10</sup>The Lord loves those who hate evil; \*  
he preserves the lives of his saints  
and delivers them from the hand of the wicked.  
<sup>11</sup>Light has sprung up for the righteous, \*  
and joyful gladness for those who are truehearted.  
<sup>12</sup>Rejoice in the Lord, you righteous, \*  
and give thanks to his holy Name.

**Psalm 99** *Dominus regnavit*

<sup>1</sup>The Lord is King;  
let the people tremble; \*  
he is enthroned upon the cherubim;  
let the earth shake.  
<sup>2</sup>The Lord is great in Zion; \*  
he is high above all peoples.  
<sup>3</sup>Let them confess his Name, which is great and awesome; \*  
he is the Holy One.  
<sup>4</sup>"O mighty King, lover of justice,  
you have established equity; \*  
you have executed justice and righteousness in Jacob."  
<sup>5</sup>Proclaim the greatness of the Lord our God  
and fall down before his footstool; \*

he is the Holy One.

<sup>6</sup>Moses and Aaron among his priests,  
and Samuel among those who call upon his Name, \*  
they called upon the Lord, and he answered them.

<sup>7</sup>He spoke to them out of the pillar of cloud; \*  
they kept his testimonies and the decree that he gave them.

<sup>8</sup>"O Lord our God, you answered them indeed; \*  
you were a God who forgave them,  
yet punished them for their evil deeds."

<sup>9</sup>Proclaim the greatness of the Lord our God  
and worship him upon his holy hill; \*  
for the Lord our God is the Holy One.

Glory be to the Father, and to the Son, and to the Holy Ghost: \*  
as it was in the beginning, is now, and ever shall be;  
world without end. Amen. *Amen.*

### **The First Lesson**

*A reading from Jeremiah 17:19-27*

<sup>19</sup>Thus said the Lord to me: Go and stand in the People's Gate, by which the kings of Judah enter and by which they go out, and in all the gates of Jerusalem, <sup>20</sup>and say to them: Hear the word of the Lord, you kings of Judah, and all Judah, and all the inhabitants of Jerusalem, who enter by these gates. <sup>21</sup>Thus says the Lord: For the sake of your lives, take care that you do not bear a burden on the sabbath day or bring it in by the gates of Jerusalem. <sup>22</sup>And do not carry a burden out of your houses on the sabbath or do any work, but keep the sabbath day holy, as I commanded your ancestors. <sup>23</sup>Yet they did not listen or incline their ear; they stiffened their necks and would not hear or receive instruction. <sup>24</sup>But if you listen to me, says the Lord, and bring in no burden by the gates of this city on the sabbath day, but keep the sabbath day holy and do no work on it, <sup>25</sup>then there shall enter by the gates of this city kings who sit on the throne of David, riding in chariots and on horses, they and their officials, the people of Judah and the inhabitants of Jerusalem; and this city shall be inhabited forever. <sup>26</sup>And people shall come from the towns of Judah and the places around Jerusalem, from the land of Benjamin, from the Shephelah, from the hill country, and from the Negeb, bringing burnt offerings and sacrifices, grain offerings and frankincense, and bringing thank offerings to the house of the Lord. <sup>27</sup>But if you do not listen to me, to keep the sabbath day holy, and to carry in no burden through the gates of Jerusalem on the sabbath day, then I will kindle a fire in its gates; it shall devour the palaces of Jerusalem and shall not be quenched.

The Word of the Lord.

*Thanks be to God.*

**Psalm 13** A Song of Praise *Benedictus es, Domine*  
*Song of the Three Young Men, 29-34*

Glory to you, Lord God of our fathers; \*  
you are worthy of praise; glory to you.

Glory to you for the radiance of your holy Name; \*  
we will praise you and highly exalt you forever.

Glory to you in the splendor of your temple; \*  
on the throne of your majesty, glory to you.

Glory to you, seated between the Cherubim; \*  
we will praise you and highly exalt you forever.

Glory to you, beholding the depths; \*  
in the high vault of heaven, glory to you.  
Glory to you, Father, Son, and Holy Spirit; \*  
we will praise you and highly exalt you forever.

### **The Second Lesson**

*A reading from Romans 7:13-25*

<sup>13</sup>Did what is good, then, bring death to me? By no means! It was sin, working death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure.

<sup>14</sup>For we know that the law is spiritual; but I am of the flesh, sold into slavery under sin. <sup>15</sup>I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. <sup>16</sup>Now if I do what I do not want, I agree that the law is good. <sup>17</sup>But in fact it is no longer I that do it, but sin that dwells within me. <sup>18</sup>For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. <sup>19</sup>For I do not do the good I want, but the evil I do not want is what I do. <sup>20</sup>Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. <sup>21</sup>So I find it to be a law that when I want to do what is good, evil lies close at hand. <sup>22</sup>For I delight in the law of God in my inmost self, <sup>23</sup>but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. <sup>24</sup>Wretched man that I am! Who will rescue me from this body of death? <sup>25</sup>Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

The Word of the Lord.

*Thanks be to God.*

### **Psalm 18** A Song to the Lamb *Dignus es*

*Revelation 4:11; 5:9-10, 13*

Splendor and honor and kingly power \*  
are yours by right, O Lord our God,  
For you created everything that is, \*  
and by your will they were created and have their being;  
And yours by right, O Lamb that was slain, \*  
for with your blood you have redeemed for God,  
From every family, language, people, and nation, \*  
a kingdom of priests to serve our God.  
And so, to him who sits upon the throne, \*  
and to Christ the Lamb,  
Be worship and praise, dominion and splendor, \*  
forever and forevermore.

### **The Gospel**

*The Gospel according to John 6:16-27*

<sup>16</sup>When evening came, his disciples went down to the sea, <sup>17</sup>got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. <sup>18</sup>The sea became rough because a strong wind was blowing. <sup>19</sup>When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. <sup>20</sup>But he said to them, "It is I; do not be afraid." <sup>21</sup>Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

<sup>22</sup>The next day the crowd that had stayed on the other side of the sea saw that there had been only one boat there. They also saw that Jesus had not got into the boat with his disciples, but

that his disciples had gone away alone. <sup>23</sup>Then some boats from Tiberias came near the place where they had eaten the bread after the Lord had given thanks. <sup>24</sup>So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. <sup>25</sup>When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" <sup>26</sup>Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup>Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal."

The Word of the Lord.

*Thanks be to God.*

### **The Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. *Amen.*

### **The Prayers**

The Lord be with you.

*And also with you.*

Let us pray.

### **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,  
forever and ever. *Amen.*

### **The Suffrages**

Show us your mercy, O Lord;  
And grant us your salvation.  
Clothe your ministers with righteousness;  
Let your people sing with joy.  
Give peace, O Lord, in all the world;  
For only in you can we live in safety.  
Lord, keep this nation under your care;  
And guide us in the way of justice and truth.  
Let your way be known upon earth;  
Your saving health among all nations.  
Let not the needy, O Lord, be forgotten;  
Nor the hope of the poor be taken away.  
Create in us clean hearts, O God;  
And sustain us with your Holy Spirit.

### **Collect of the Day**

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him, who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen.*

### **A Collect for Mission**

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship you, all nations obey you, all tongues confess and bless you, and men and women everywhere love you and serve you in peace; through Jesus Christ our Lord. *Amen.*

### **Collect of Commemoration**

Almighty God, you gave your servant Thomas Ken grace and courage to bear witness to the truth before rulers and kings: Give us strength also that we may constantly defend what is right, boldly reprove what is evil, and patiently suffer for the truth's sake, through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and ever. *Amen.*

### **Trinity Cycle of Prayer**

*Andrew & Christina D'Amore*

Let us pray now for our own needs and those of others.

### **A Prayer of St. Chrysostom**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

## **Benediction**

Let us bless the Lord.

*Thanks be to God.*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine:  
Glory to him from generation to generation in the Church, and in Christ Jesus forever and ever.  
*Amen. Ephesians 3:20, 21*

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## **The Commemoration**

Thomas Ken in the course of his lifetime was both rewarded and punished for his firm adherence to principle.

He was born in 1637 and reared by his half-sister Anne and her husband the well-known angler Izaak Walton. He became a clergyman and served for a year at the Hague as chaplain to Mary, Princess of England and Queen of Holland, niece of King Charles II of England and wife of the Dutch King William of Orange.

During this year he publicly rebuked King William for his treatment of his wife the said Mary, which may be why he was chaplain there for only a year.

Upon his return to England, he was made Royal Chaplain to King Charles. The King had a mistress, Nell Gwyn, and for his convenience wished to lodge her in his chaplain's residence. Thomas sent the King a sharp refusal, saying that it was not suitable that the Royal Chaplain should double as the Royal Pimp. Charles admired his honesty and bluntness, and when the bishopric of Bath and Wells became available soon after, he declared, "None shall have it but that little man who refused lodging to poor Nellie!" Ken was accordingly made a bishop. When Charles was on his deathbed, it was Ken whom he asked to be with him and prepare him for death.

Under the next king, James II, brother of Charles, matters were different.

James converted to Roman Catholicism, the religion of his mother, and political turmoil followed.

James issued a decree known as the Declaration of Indulgence, which decreed that various public offices formerly open only to Anglicans, should thereafter be open to all persons. It was feared that the King would appoint large numbers of Roman Catholics to positions of power, and eventually transfer to them the control of the government.

When the King commanded the bishops to proclaim the Declaration of Indulgence, seven of them refused to do so and were by the King's command imprisoned in the Tower of London. The people of London rioted, and the bishops were freed and carried in triumph through the streets of the city. Soon after, Parliament offered the crown to the King's daughter Mary and her husband William of Orange (see above) and James fled into exile.

William and Mary naturally began their reign by demanding oaths of allegiance from all persons holding public positions, including the bishops. Thomas Ken and others (known as the Non-Jurors--the older meaning of "juror" is "one who takes an oath," hence "perjurer" as "one who swears falsely") refused to take the oath, on the grounds that they had sworn allegiance to James and could not during his lifetime swear allegiance to another monarch without making such oaths a mockery. They were accordingly put out of office.

The bishops of Scotland also refused the oath, and William and Mary retaliated by disestablishing the Church in Scotland and making the Presbyterians the official state Church there instead. Therefore, we have in Scotland today the Kirk of Scotland (a Presbyterian Calvinist group which is the established Church there), The Episcopal Kirk of Scotland (an

Anglican Church, what is known as a "free" Church in the sense of having no ties with the government), the Free Kirk of Scotland (broken off from the Kirk of Scotland), and the Wee Free Kirk of Scotland (broken off from the Free Kirk--everyone calls them the "Wee Frees" and I do not remember their official name).

Thomas Ken became a private tutor and spent the rest of his life in retirement. He died 19 March 1711 and is usually commemorated on 21 March.

During his lifetime he was known for his books of sermons. Today, he is best known for several hymns that he wrote, such as those beginning:

Awake, my soul, and with the sun  
thy daily course of duty run.

Cast off dull sloth, and joyful rise  
to pay thy morning sacrifice.

All praise to thee, who safe hast kept  
and hast refreshed me while I slept!

Grant, Lord, when I from death shall wake,  
I may of endless life partake.

All praise to thee, my God, this night  
for all the blessings of the light.

Keep me, oh keep me, King of Kings,  
beneath Thine own almighty wings.

Praise God, from Whom all blessings flow.

Praise Him, all creatures here below.

Praise Him above, ye heavenly host.

Praise Father, Son, and Holy Ghost.