

## Morning Prayer

Friday, February 16



### Opening Statement

I will arise and go to my father, and I will say to him, Father, I have sinned against heaven and before you; I am no longer worthy to be called your son. *Luke 15:18, 19*

### Confession

Let us confess our sins against God and our neighbor.

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.

We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. *Amen.*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ,  
strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

### Versicle and Response

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now,  
and will be forever. *Amen.*

### Psalm 95

*Venite, exultemus*

<sup>1</sup>Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

<sup>2</sup>Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.

<sup>3</sup>For the Lord is a great God, \*  
and a great King above all gods.

<sup>4</sup>In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.

<sup>5</sup>The sea is his, for he made it, \*  
and his hands have molded the dry land.

<sup>6</sup>Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.

<sup>7</sup>For he is our God,

and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

<sup>8</sup>Harden not your hearts,  
as your forebears did in the wilderness, \*  
at Meribah, and on that day at Massah,  
when they tempted me.

<sup>9</sup>They put me to the test, \*  
though they had seen my works.

<sup>10</sup>Forty years long I detested that generation and said, \*  
"This people are wayward in their hearts;  
they do not know my ways."

<sup>11</sup>So I swore in my wrath, \*  
"They shall not enter into my rest."

Antiphon

The Lord is full of compassion and mercy:

Come let us adore him.

**Psalm 31** *In te, Domine, speravi*

<sup>1</sup> In you, O Lord, have I taken refuge;  
let me never be put to shame; \*  
deliver me in your righteousness.

<sup>2</sup> Incline your ear to me; \*  
make haste to deliver me.

<sup>3</sup> Be my strong rock, a castle to keep me safe,  
for you are my crag and my stronghold; \*  
for the sake of your Name, lead me and guide me.

<sup>4</sup> Take me out of the net that they have secretly set for me, \*  
for you are my tower of strength.

<sup>5</sup> Into your hands I commend my spirit, \*  
for you have redeemed me,  
O Lord, O God of truth.

<sup>6</sup> I hate those who cling to worthless idols, \*  
and I put my trust in the Lord.

<sup>7</sup> I will rejoice and be glad because of your mercy; \*  
for you have seen my affliction;  
you know my distress.

<sup>8</sup> You have not shut me up in the power of the enemy; \*  
you have set my feet in an open place.

<sup>9</sup> Have mercy on me, O Lord, for I am in trouble; \*  
my eye is consumed with sorrow,  
and also my throat and my belly.

<sup>10</sup> For my life is wasted with grief,  
and my years with sighing; \*  
my strength fails me because of affliction,  
and my bones are consumed.

<sup>11</sup> I have become a reproach to all my enemies and  
even to my neighbors,  
a dismay to those of my acquaintance; \*  
when they see me in the street they avoid me.

<sup>12</sup> I am forgotten like a dead man, out of mind; \*

I am as useless as a broken pot.

<sup>13</sup> For I have heard the whispering of the crowd;  
fear is all around; \*  
they put their heads together against me;  
they plot to take my life.

<sup>14</sup> But as for me, I have trusted in you, O Lord. \*  
I have said, "You are my God.

<sup>15</sup> My times are in your hand; \*  
rescue me from the hand of my enemies,  
and from those who persecute me.

<sup>16</sup> Make your face to shine upon your servant, \*  
and in your loving-kindness save me."

<sup>17</sup> Lord, let me not be ashamed for having called upon you; \*  
rather, let the wicked be put to shame;  
let them be silent in the grave.

<sup>18</sup> Let the lying lips be silenced which speak against  
the righteous, \*  
haughtily, disdainfully, and with contempt.

<sup>19</sup> How great is your goodness, O Lord!  
which you have laid up for those who fear you; \*  
which you have done in the sight of all  
for those who put their trust in you.

<sup>20</sup> You hide them in the covert of your presence from those  
who slander them; \*  
you keep them in your shelter from the strife of tongues.

<sup>21</sup> Blessed be the Lord! \*  
for he has shown me the wonders of his love in a  
besieged city.

<sup>22</sup> Yet I said in my alarm,  
I have been cut off from the sight of your eyes." \*  
Nevertheless, you heard the sound of my entreaty  
when I cried out to you.

<sup>23</sup> Love the Lord, all you who worship him; \*  
the Lord protects the faithful,  
but repays to the full those who act haughtily.

<sup>24</sup> Be strong and let your heart take courage, \*  
all you who wait for the Lord.

### **Gloria Patri**

Glory be to the Father, and to the Son,  
and to the Holy Ghost:  
as it was in the beginning, is now,  
and ever shall be.  
World without end. Amen. *Amen.*

### **The Old Testament Lesson**

*A reading from the Prophet Ezekiel 18:1-4,25-32*

<sup>1</sup>The word of the Lord came to me: <sup>2</sup>What do you mean by repeating this proverb concerning the land of Israel, "The parents have eaten sour grapes, and the children's teeth are set on edge"? <sup>3</sup>As I live, says the Lord God, this proverb shall no more be used by you in Israel. <sup>4</sup>Know

that all lives are mine; the life of the parent as well as the life of the child is mine: it is only the person who sins that shall die. <sup>25</sup>Yet you say, "The way of the Lord is unfair." Hear now, O house of Israel: Is my way unfair? Is it not your ways that are unfair? <sup>26</sup>When the righteous turn away from their righteousness and commit iniquity, they shall die for it; for the iniquity that they have committed they shall die. <sup>27</sup>Again, when the wicked turn away from the wickedness they have committed and do what is lawful and right, they shall save their life. <sup>28</sup>Because they considered and turned away from all the transgressions that they had committed, they shall surely live; they shall not die. <sup>29</sup>Yet the house of Israel says, "The way of the Lord is unfair." O house of Israel, are my ways unfair? Is it not your ways that are unfair? <sup>30</sup>Therefore I will judge you, O house of Israel, all of you according to your ways, says the Lord God. Repent and turn from all your transgressions; otherwise, iniquity will be your ruin. <sup>31</sup>Cast away from you all the transgressions that you have committed against me and get yourselves a new heart and a new spirit! Why will you die, O house of Israel? <sup>32</sup>For I have no pleasure in the death of anyone, says the Lord God. Turn, then, and live.

The Word of the Lord.

*Thanks be to God.*

### **Canticle 10** The Second Song of Isaiah

*Isaiah 55:6-11*

*Quaerite Dominum*

Seek the Lord while he wills to be found; \*  
call upon him when he draws near.  
Let the wicked forsake their ways \*  
and the evil ones their thoughts;  
And let them turn to the Lord,  
and he will have compassion, \*  
and to our God, for he will richly pardon.  
For my thoughts are not your thoughts, \*  
nor your ways my ways, says the Lord.  
For as the heavens are higher than the earth, \*  
so are my ways higher than your ways,  
and my thoughts than your thoughts.  
For as rain and snow fall from the heavens \*  
and return not again, but water the earth,  
Bringing forth life and giving growth, \*  
seed for sowing and bread for eating,  
So is my word that goes forth from my mouth; \*  
it will not return to me empty;  
But it will accomplish that which I have purposed, \*  
and prosper in that for which I sent it.  
Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be forever. *Amen.*

### **The New Testament Lesson**

*A reading from the letter to the Philippians 4:1-9*

<sup>1</sup>Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved. <sup>2</sup>I urge Euodia and I urge Syntyche to be of the same mind in the Lord. <sup>3</sup>Yes, and I ask you also, my loyal companion, help these women, for they have struggled beside me in the work of the gospel, together with Clement and the rest of my co-workers, whose names are in the book of life. <sup>4</sup>Rejoice in the Lord always; again, I will say,

Rejoice. <sup>5</sup>Let your gentleness be known to everyone. The Lord is nearby. <sup>6</sup>Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup>And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup>Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. <sup>9</sup>Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

The Word of the Lord.

*Thanks be to God.*

### **Canticle 18** A Song to the Lamb

*Dignus es*

*Revelation 4:11; 5:9-10, 13*

Splendor and honor and kingly power \*  
are yours by right, O Lord our God,  
For you created everything that is, \*  
and by your will they were created and have their being;  
And yours by right, O Lamb that was slain, \*  
for with your blood you have redeemed for God,  
From every family, language, people, and nation, \*  
a kingdom of priests to serve our God.  
And so, to him who sits upon the throne, \*  
and to Christ the Lamb,  
Be worship and praise, dominion and splendor, \*  
forever and forevermore.

### **The Gospel**

*A reading from the Gospel according to John 17:9-19*

<sup>9</sup>I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. <sup>10</sup>All mine are yours, and yours are mine; and I have been glorified in them.

<sup>11</sup>And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. <sup>12</sup>While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. <sup>13</sup>But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. <sup>14</sup>I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. <sup>15</sup>I am not asking you to take them out of the world, but I ask you to protect them from the evil one. <sup>16</sup>They do not belong to the world, just as I do not belong to the world.

<sup>17</sup>Sanctify them in the truth; your word is truth. <sup>18</sup>As you have sent me into the world, so I have sent them into the world. <sup>19</sup>And for their sakes I sanctify myself, so that they also may be sanctified in truth.

The Word of the Lord.

*Thanks be to God.*

### **The Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. *Amen.*

### **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. *Amen.*

### **Suffrages**

Save your people, Lord, and bless your inheritance;  
Govern and uphold them, now and always.  
Day by day we bless you;  
We praise your Name forever.  
Lord, keep us from all sin today;  
Have mercy on us, Lord, have mercy.  
Lord, show us your love and mercy;  
For we put our trust in you.  
In you, Lord, is our hope;  
And we shall never hope in vain.

### **A Collect for Fridays**

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

### **For Mission**

Lord Jesus Christ, you stretched out your arms of love on the hardwood of the cross that everyone might come within the reach of your saving embrace: So, clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

### **Collect of Commemoration**

Almighty God, who empowers evangelists and preachers: Help us to proclaim your Word with power, like your servant Paul Cuffee, that more might come to a deeper life in you; in the Name of your Son Jesus Christ, who with you and the Holy Spirit lives and reigns, one God, forever and ever. *Amen.*

### **Trinity Cycle of Prayer**

*Pam Kovalski*

Let us pray now for our own needs and those of others.

### **A Prayer of St. Chrysostom**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

### **Benediction**

Let us bless the Lord.

*Thanks be to God.*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus forever and ever. *Amen. Ephesians 3:20, 21*

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## **The Commemoration**

A little west of the junction of the old road to Riverhead is a small tract of land owned by the Shinnecock tribe of Indians, although how it came into their possession is unknown. Upon this tract is a plain marble tombstone, surrounded by a neat fence. This marks the last resting place of Rev. Paul Cuffee. The tombstone tells its own story: "Erected by the New York Missionary Society, in memory of the Rev. Paul Cuffee, an Indian of the Shinnecock tribe, who was employed by the Society for the last thirteen years of his life, on the Eastern part of Long Island, where he labored the fidelity and success. Humble, pious and indefatigable in testifying the gospel of the grace of God, he finished his course with joy on the 7th of March 1812, aged 55 years and 3 days". . . . The journeyings of Paul Cuffee extended from Poosepatuck to Montauk and were made on foot.

— from A History of Long Island, from Its Earliest Settlement to the Present Time, Vol. 2, by William S Pelletreau (1905). more at [Wikipedia](#).

Note that this Paul Cuffee should not be confused with a far better known, contemporaneous [Paul Cuffee](#), who lived in the same general area (Westport, Mass.). That Paul Cuffee was a devout Quaker of mixed Indian / Black ancestry who worked to repatriate African-Americans to Sierra Leone.