

## Morning Prayer

Friday, April 12



### Opening Statement

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. *John 4:23*

### Confession of Sin

Let us confess our sins against God and our neighbor.

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. *Amen.*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ,  
strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

### Versicle and Response

Lord, open our lips.  
And our mouth shall proclaim your praise.  
Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now,  
and will be forever. Amen. Alleluia.

### Antiphon

The mercy of the Lord is everlasting: Come let us adore him.

### Jubilate

Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.  
Know this: the Lord himself is God;  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.  
Enter his gates with thanksgiving;  
go into his courts with praise;  
give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting;  
and his faithfulness endures from age to age.  
The mercy of the Lord is everlasting: Come let us adore him.

**Psalm 16** Conserva me, Domine

<sup>1</sup>Protect me, O God, for I take refuge in you; \*  
I have said to the Lord, "You are my Lord,  
my good above all other."  
<sup>2</sup>All my delight is upon the godly that are in the land, \*  
upon those who are noble among the people.  
<sup>3</sup>But those who run after other gods \*  
shall have their troubles multiplied.  
<sup>4</sup>Their libations of blood I will not offer, \*  
nor take the names of their gods upon my lips.  
<sup>5</sup>O Lord, you are my portion and my cup; \*  
it is you who uphold my lot.  
<sup>6</sup>My boundaries enclose a pleasant land; \*  
indeed, I have a goodly heritage.  
<sup>7</sup>I will bless the Lord who gives me counsel; \*  
my heart teaches me, night after night.  
<sup>8</sup>I have set the Lord always before me; \*  
because he is at my right hand I shall not fall.  
<sup>9</sup>My heart, therefore, is glad, and my spirit rejoices; \*  
my body also shall rest in hope.  
<sup>10</sup>For you will not abandon me to the grave, \*  
nor let your holy one see the Pit.  
<sup>11</sup>You will show me the path of life; \*  
in your presence there is fullness of joy,  
and in your right hand are pleasures forevermore.

**Psalm 17** Exaudi, Domine

<sup>1</sup>Hear my plea of innocence, O Lord;  
give heed to my cry; \*  
listen to my prayer, which does not come from lying lips.  
<sup>2</sup>Let my vindication come forth from your presence; \*  
let your eyes be fixed on justice.  
<sup>3</sup>Weigh my heart, summon me by night, \*  
melt me down; you will find no impurity in me.  
<sup>4</sup>I give no offense with my mouth as others do; \*  
I have heeded the words of your lips.  
<sup>5</sup>My footsteps hold fast to the ways of your law; \*  
in your paths my feet shall not stumble.  
<sup>6</sup>I call upon you, O God, for you will answer me; \*  
incline your ear to me and hear my words.  
<sup>7</sup>Show me your marvelous loving-kindness, \*  
O Savior of those who take refuge at your right hand  
from those who rise up against them.  
<sup>8</sup>Keep me as the apple of your eye; \*  
hide me under the shadow of your wings,

<sup>9</sup>From the wicked who assault me, \*  
from my deadly enemies who surround me.  
<sup>10</sup>They have closed their heart to pity, \*  
and their mouth speaks proud things.  
<sup>11</sup>They press me hard,  
now they surround me, \*  
watching how they may cast me to the ground,  
<sup>12</sup>Like a lion, greedy for its prey, \*  
and like a young lion lurking in secret places.  
<sup>13</sup>Arise, O Lord; confront them and bring them down; \*  
deliver me from the wicked by your sword.  
<sup>14</sup>Deliver me, O Lord, by your hand \*  
from those whose portion in life is this world;  
<sup>15</sup>Whose bellies you fill with your treasure, \*  
who are well supplied with children  
and leave their wealth to their little ones.  
<sup>16</sup>But at my vindication I shall see your face; \*  
when I awake, I shall be satisfied, beholding your likeness.

### **Gloria Patri**

Glory be to the Father, and to the Son,  
and to the Holy Ghost:  
as it was in the beginning, is now,  
and ever shall be.  
World without end. Amen. *Amen.*

### **The First Lesson**

*A reading from the Book of Exodus 16:23-36*

<sup>23</sup>he said to them, "This is what the Lord has commanded: 'Tomorrow is a day of solemn rest, a holy sabbath to the Lord; bake what you want to bake and boil what you want to boil, and all that is left over put aside to be kept until morning.'" <sup>24</sup>So they put it aside until morning, as Moses commanded them; and it did not become foul, and there were no worms in it. <sup>25</sup>Moses said, "Eat it today, for today is a sabbath to the Lord; today you will not find it in the field. <sup>26</sup>Six days you shall gather it; but on the seventh day, which is a sabbath, there will be none." <sup>27</sup>On the seventh day some of the people went out to gather, and they found none. <sup>28</sup>The Lord said to Moses, "How long will you refuse to keep my commandments and instructions? <sup>29</sup>See! The Lord has given you the sabbath, therefore on the sixth day he gives you food for two days; each of you stay where you are; do not leave your place on the seventh day." <sup>30</sup>So the people rested on the seventh day. <sup>31</sup>The house of Israel called it manna; it was like coriander seed, white, and the taste of it was like wafers made with honey.

<sup>32</sup>Moses said, "This is what the Lord has commanded: 'Let an Omer of it be kept throughout your generations, in order that they may see the food with which I fed you in the wilderness, when I brought you out of the land of Egypt.'" <sup>33</sup>And Moses said to Aaron, "Take a jar, and put an Omer of manna in it, and place it before the Lord, to be kept throughout your generations." <sup>34</sup>As the Lord commanded Moses, so Aaron placed it before the covenant, for safekeeping. <sup>35</sup>The Israelites ate manna forty years, until they came to a habitable land; they ate manna, until they came to the border of the land of Canaan. <sup>36</sup>An Omer is a tenth of an ephah.

The Word of the Lord.

*Thanks be to God.*

**Psalm 10** The Second Song of Isaiah *Quaerite Dominum*

*Isaiah 55:6-1*

Seek the Lord while he wills to be found; \*  
call upon him when he draws near.  
Let the wicked forsake their ways \*  
and the evil ones their thoughts;  
And let them turn to the Lord, and he will have compassion, \*  
and to our God, for he will richly pardon.  
For my thoughts are not your thoughts, \*  
nor your ways my ways, says the Lord.  
For as the heavens are higher than the earth, \*  
so are my ways higher than your ways,  
and my thoughts than your thoughts.  
For as rain and snow fall from the heavens \*  
and return not again, but water the earth,  
Bringing forth life and giving growth, \*  
seed for sowing and bread for eating,  
So is my word that goes forth from my mouth; \*  
it will not return to me empty;  
But it will accomplish that which I have purposed, \*  
and prosper in that for which I sent it.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be forever. *Amen.*

**The Second Lesson**

*A reading from the First Letter of Peter 3:13-4:6*

<sup>13</sup>Now who will harm you if you are eager to do what is good? <sup>14</sup>But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, <sup>15</sup>but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you.

<sup>16</sup>yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. <sup>17</sup>For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil.

<sup>1</sup>For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, <sup>19</sup>in which also he went and made a proclamation to the spirits in prison, <sup>20</sup>who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water.

<sup>21</sup>And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, <sup>22</sup>who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

<sup>4</sup>Since therefore Christ suffered in the flesh, arm yourselves also with the same intention (for whoever has suffered in the flesh has finished with sin), <sup>2</sup>so as to live for the rest of your earthly life no longer by human desires but by the will of God. <sup>3</sup>You have already spent enough time in doing what the Gentiles like to do, living in licentiousness, passions, drunkenness, revels, carousing, and lawless idolatry.

<sup>4</sup>They are surprised that you no longer join them in the same excesses of dissipation, and so they blaspheme. <sup>5</sup>But they will have to give an accounting to him who stands ready to judge the

living and the dead. <sup>6</sup>For this is the reason the gospel was proclaimed even to the dead, so that, though they had been judged in the flesh as everyone is judged, they might live in the spirit as God does.

The Word of the Lord.

*Thanks be to God.*

**Psalm 18** A Song to the Lamb *Dignus es*

*Revelation 4:11; 5:9-10, 13*

Splendor and honor and kingly power \*  
are yours by right, O Lord our God,  
For you created everything that is, \*  
and by your will they were created and have their being;  
And yours by right, O Lamb that was slain, \*  
for with your blood you have redeemed for God,  
From every family, language, people, and nation, \*  
a kingdom of priests to serve our God.  
And so, to him who sits upon the throne, \*  
and to Christ the Lamb,  
Be worship and praise, dominion and splendor, \*  
forever and forevermore.

**The Gospel**

*A reading from the Gospel according to John 16:1-15*

<sup>1</sup>"I have said these things to you to keep you from stumbling. <sup>2</sup>They will put you out of the synagogues. Indeed, an hour is coming when those who kill you will think that by doing so they are offering worship to God. <sup>3</sup>And they will do this because they have not known the Father or me. <sup>4</sup>But I have said these things to you so that when their hour comes you may remember that I told you about them. "I did not say these things to you from the beginning, because I was with you. <sup>5</sup>But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' <sup>6</sup>But because I have said these things to you, sorrow has filled your hearts. <sup>7</sup>Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. <sup>8</sup>And when he comes, he will prove the world wrong about sin and righteousness and judgment: <sup>9</sup>about sin, because they do not believe in me; <sup>10</sup>about righteousness, because I am going to the Father and you will see me no longer; <sup>11</sup>about judgment, because the ruler of this world has been condemned. <sup>12</sup>"I still have many things to say to you, but you cannot bear them now. <sup>13</sup>When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. <sup>14</sup>He will glorify me, because he will take what is mine and declare it to you. <sup>15</sup>All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

The Word of the Lord.

*Thanks be to God.*

**The Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,

was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. *Amen.*

### **The Prayers**

The Lord be with you.  
*And also with you.*  
Let us pray.

### **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. *Amen.*

### **The Suffrages**

Save your people, Lord, and bless your inheritance;  
Govern and uphold them, now and always.  
Day by day we bless you;  
We praise your Name forever.  
Lord, keep us from all sin today;  
Have mercy on us, Lord, have mercy.  
Lord, show us your love and mercy;  
For we put our trust in you.  
In you, Lord, is our hope;  
And we shall never hope in vain.

**A Collect for Fridays**

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

**A Collect for Mission**

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

**Trinity Cycle of Prayer**

*Michael Parent*

Let us pray now for our own needs and those of others.

**A Prayer of St. Chrysostom**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

**Benediction**

Let us bless the Lord. Alleluia. Alleluia.

*Thanks be to God. Alleluia. Alleluia.*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen. 2 Corinthians 13:14*

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