

## Morning Prayer

Thursday, March 20



### Opening Statement

Jesus said, If anyone would come after me, let him deny himself and take up his cross and follow me. *Mark 8:34*

### Confession of Sin

Let us confess our sins against God and our neighbor.  
Most merciful God,

*we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

### The Invitatory

Lord, open our lips.  
*And our mouth shall proclaim your praise.*

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.*

### Antiphon

The Lord is full of compassion and mercy:  
Come let us adore him.

### Venite Psalm 95:1-7

Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.  
Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.  
For the Lord is a great God, \*  
and a great King above all gods.  
In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.

The sea is his, for he made it, \*  
and his hands have molded the dry land.  
Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.  
For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!  
The Lord is full of compassion and mercy:  
Come let us adore him.

**Psalm 71** *In te, Domine, speravi*

<sup>1</sup> In you, O Lord, have I taken refuge; \*  
let me never be ashamed.  
<sup>2</sup> In your righteousness, deliver me and set me free; \*  
incline your ear to me and save me.  
<sup>3</sup> Be my strong rock, a castle to keep me safe; \*  
you are my crag and my stronghold.  
<sup>4</sup> Deliver me, my God, from the hand of the wicked, \*  
from the clutches of the evildoer and the oppressor.  
<sup>5</sup> For you are my hope, O Lord God, \*  
my confidence since I was young.  
<sup>6</sup> I have been sustained by you ever since I was born;  
from my mother's womb you have been my strength; \*  
my praise shall be always of you.  
<sup>7</sup> I have become a portent to many; \*  
but you are my refuge and my strength.  
<sup>8</sup> Let my mouth be full of your praise \*  
and your glory all the day long.  
<sup>9</sup> Do not cast me off in my old age; \*  
forsake me not when my strength fails.  
<sup>10</sup> For my enemies are talking against me, \*  
and those who lie in wait for my life take counsel together.  
<sup>11</sup> They say, "God has forsaken him;  
go after him and seize him; \*  
because there is none who will save."  
<sup>12</sup> O God, be not far from me; \*  
come quickly to help me, O my God.  
<sup>13</sup> Let those who set themselves against me  
be put to shame and be disgraced; \*  
let those who seek to do me evil be covered with scorn  
and reproach.  
<sup>14</sup> But I shall always wait in patience, \*  
and shall praise you more and more.  
<sup>15</sup> My mouth shall recount your mighty acts  
and saving deeds all day long; \*  
though I cannot know the number of them.  
<sup>16</sup> I will begin with the mighty works of the Lord God \*  
I will recall your righteousness, yours alone.  
<sup>17</sup> O God, you have taught me since I was young, \*  
and to this day I tell of your wonderful works.

<sup>18</sup> And now that I am old and gray-headed,  
O God, do not forsake me, \*  
till I make known your strength to this generation  
and your power to all who are to come.  
<sup>19</sup> Your righteousness, O God, reaches to the heavens; \*  
you have done great things;  
who is like you, O God?  
<sup>20</sup> You have showed me great troubles and adversities, \*  
but you will restore my life  
and bring me up again from the deep places of the earth.  
<sup>21</sup> You strengthen me more and more; \*  
you enfold and comfort me,  
<sup>22</sup> Therefore I will praise you upon the lyre for your  
faithfulness, O my God; \*  
I will sing to you with the harp, O Holy One of Israel.  
<sup>23</sup> My lips will sing with joy when I play to you, \*  
and so will my soul, which you have redeemed.  
<sup>24</sup> My tongue will proclaim your righteousness all day long, \*  
for they are ashamed and disgraced who sought  
to do me harm.

### **Gloria Patri**

Glory be to the Father, and to the Son,  
and to the Holy Ghost:  
as it was in the beginning, is now,  
and ever shall be.  
World without end. Amen. *Amen.*

### **The Old Testament Lesson**

*A reading from the Prophet Jeremiah 4:9-10, 19-28*

<sup>9</sup>On that day, says the Lord, courage shall fail the king and the officials; the priests shall be appalled and the prophets astounded. <sup>10</sup>Then I said, "Ah, Lord God, how utterly you have deceived this people and Jerusalem, saying, 'It shall be well with you,' even while the sword is at the throat!"

<sup>19</sup>My anguish, my anguish! I writhe in pain! Oh, the walls of my heart! My heart is beating wildly; I cannot keep silent; for I hear the sound of the trumpet, the alarm of war. <sup>20</sup>Disaster overtakes disaster, the whole land is laid waste. Suddenly my tents are destroyed, my curtains in a moment. <sup>21</sup>How long must I see the standard, and hear the sound of the trumpet? <sup>22</sup>"For my people are foolish, they do not know me; they are stupid children, they have no understanding. They are skilled in doing evil, but do not know how to do good." <sup>23</sup>I looked on the earth, and lo, it was waste and void; and to the heavens, and they had no light. <sup>24</sup>I looked on the mountains, and lo, they were quaking, and all the hills moved to and fro. <sup>25</sup>I looked, and lo, there was no one at all, and all the birds of the air had fled. <sup>26</sup>I looked, and lo, the fruitful land was a desert, and all its cities were laid in ruins before the Lord, before his fierce anger. <sup>27</sup>For thus says the Lord: The whole land shall be a desolation; yet I will not make a full end. <sup>28</sup>Because of this the earth shall mourn, and the heavens above grow black; for I have spoken, I have purposed; I have not relented, nor will I turn back.

The Word of the Lord.

*Thanks be to God.*

## **Canticle 9** The First Song of Isaiah

*Ecce, Deus*

*Isaiah 12:2-6*

Surely, it is God who saves me; \*  
I will trust in him and not be afraid.  
For the Lord is my stronghold and my sure defense, \*  
and he will be my Savior.  
Therefore you shall draw water with rejoicing \*  
from the springs of salvation.  
And on that day you shall say, \*  
Give thanks to the Lord and call upon his Name;  
Make his deeds known among the peoples; \*  
see that they remember that his Name is exalted.  
Sing the praises of the Lord, for he has done great things, \*  
and this is known in all the world.  
Cry aloud, inhabitants of Zion, ring out your joy, \*  
for the great one in the midst of you is the Holy One of Israel.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. *Amen.*

## **The New Testament Lesson**

*A reading from the letter to the Romans 2:12-24*

<sup>12</sup>All who have sinned apart from the law will also perish apart from the law, and all who have sinned under the law will be judged by the law. <sup>13</sup>For it is not the hearers of the law who are righteous in God's sight, but the doers of the law who will be justified. <sup>14</sup>When Gentiles, who do not possess the law, do instinctively what the law requires, these, though not having the law, are a law to themselves. <sup>15</sup>They show that what the law requires is written on their hearts, to which their own conscience also bears witness; and their conflicting thoughts will accuse or perhaps excuse them <sup>16</sup>on the day when, according to my gospel, God, through Jesus Christ, will judge the secret thoughts of all.

<sup>17</sup>But if you call yourself a Jew and rely on the law and boast of your relation to God <sup>18</sup>and know his will and determine what is best because you are instructed in the law, <sup>19</sup>and if you are sure that you are a guide to the blind, a light to those who are in darkness, <sup>20</sup>a corrector of the foolish, a teacher of children, having in the law the embodiment of knowledge and truth, <sup>21</sup>you, then, that teach others, will you not teach yourself? While you preach against stealing, do you steal? <sup>22</sup>You that forbid adultery, do you commit adultery? You that abhor idols, do you rob temples? <sup>23</sup>You that boast in the law, do you dishonor God by breaking the law? <sup>24</sup>For, as it is written, "The name of God is blasphemed among the Gentiles because of you."

The Word of the Lord.

*Thanks be to God.*

## **Canticle 19** The Song of the Redeemed

*Magna et mirabilia*

*Revelation 15:3-4*

O ruler of the universe, Lord God,  
great deeds are they that you have done, \*  
surpassing human understanding.  
Your ways are ways of righteousness and truth, \*  
O King of all the ages.

Who can fail to do you homage, Lord,  
and sing the praises of your Name? \*  
for you only are the holy One.  
All nations will draw near and fall down before you, \*  
because your just and holy works have been revealed.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. *Amen.*

### **The Gospel**

*A reading from the Gospel according to John 5:19-29*

<sup>19</sup>Jesus said to them, "Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father does, the Son does likewise. <sup>20</sup>The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these, so that you will be astonished. <sup>21</sup>Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomever he wishes. <sup>22</sup>The Father judges no one but has given all judgment to the Son, <sup>23</sup>so that all may honor the Son just as they honor the Father. Anyone who does not honor the Son does not honor the Father who sent him. <sup>24</sup>Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgment, but has passed from death to life. <sup>25</sup>"Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. <sup>26</sup>For just as the Father has life in himself, so he has granted the Son also to have life in himself; <sup>27</sup>and he has given him authority to execute judgment, because he is the Son of Man. <sup>28</sup>Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice <sup>29</sup>and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

The Word of the Lord.

*Thanks be to God.*

### **The Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and Earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. *Amen.*

### **The Prayers**

God be with you.  
*And also with you.*  
Let us pray.

### **The Lord's Prayer**

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on Earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. *Amen.*

### **Suffrages**

Save your people, Lord, and bless your inheritance;  
*Govern and uphold them, now and always.*

Day by day we bless you;  
*We praise your Name for ever.*

Lord, keep us from all sin today;  
*Have mercy on us, Lord, have mercy.*

Lord, show us your love and mercy;  
*For we put our trust in you.*

In you, Lord, is our hope;  
*And we shall never hope in vain.*

### **The Collect of the Day**

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

### **A Collect for Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

### **Collect of Commemoration**

Merciful God, who called Cuthbert from following the flock to be a shepherd of your people: Mercifully grant that we also may go without fear to dangerous and remote places, to seek the indifferent and the lost; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### **Trinity Cycle of Prayer**

*Melinda, Skyla and Maya Willems*

Let us pray now for our own needs and those of others.

### **A Prayer of St. Chrysostom**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

### **Benediction**

Let us bless the Lord.

*Thanks be to God.*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen. Ephesians 3:20, 21*

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### **The Commemoration**

Cuthbert was born in Northumbria in northern England about 625.

One night, while tending a herd of sheep, he saw lights in the sky which he interpreted as a soul being escorted heavenward by a band of angels. Later, he learned that Aidan of Lindisfarne (31 August 651) had died that night, and he resolved to enter the monastic life.

He was a monk at Melrose Abbey from 651 to 664, and when the Abbot, Eata, became abbot and bishop at Lindisfarne, Cuthbert accompanied him and was Prior there until 676.

Although he had been brought up in the Celtic customs, he accepted the decrees of the Synod of Whitby in 663, which committed the English Church to following the Roman customs instead that had been introduced into Canterbury by Augustine, and so he helped to minimize contention over the decision.

Although his real preference was for the solitary life of a hermit, he recognized a duty to minister to the needs of the people about him.

Year after year he made long journeys, on horseback and on foot, to Durham and throughout Northumbria, and in the regions of Berwick and Galloway, preaching to the scattered population in remote and sparsely settled areas, instructing them in the faith and encouraging them in the practice of it, urging them in times of sickness not to rely on charms or amulets, but to pray to God and put their trust in His mercy and love. Like Francis of Assisi, he had a remarkable rapport with animals, both wild and domestic.

Theodore, the Archbishop of Canterbury, made Cuthbert Bishop of Hexham, but Cuthbert was a solitary by nature, and promptly exchanged bishoprics with Eata so as to remain at Lindisfarne. After two years, he retired to the neighboring island of Farne as a hermit, and died there the following year.